



# FALL 2023 SEIKIKAI KARATE INVITATIONAL TOURNAMENT



26/10/03

NATSUOKA KARATE  
COMMUNIQUE

On Saturday October 21st, Toronto Metropolitan University (TMU) joined competitors from across southern Ontario for the Fall 2023 Seikikai Karate Invitational Tournament. Our student, faculty and graduate athletes at TMU and Natsuoka Karate brought home 15 medals in total – a strong showing for our first tournament!

In addition to members of the Seikikai Etobicoke and Caledon Dojo, strong continents participated from Toronto Metropolitan University Karate Club, McMaster University Karate Club, Natsuoka Karate in Toronto, and Toronto Wado-Kai Karate. With 51 competitors across 14 categories, the three rings, each operated by experienced karate practitioners, were kept busy for 3 hours of excitement.

The stands were full, the kata impressive and the sparring intense.

*“The purpose of these tournaments is first to bring our community together, second to provide a training opportunity to help each person become their best self, and third to compete in a safe environment.”*, stated Michael McCarthy, the Principal Instructor of Natsuoka Karate and Head Instructor for the TMU Karate Club.

“Everyone leaves having learned something about themselves physically, intellectually and psychologically”, said Samrawit Mulugeta Haish, a white belt competing in her first tournament. Having only started karate 6 weeks earlier, her courage to jump into the ring along with 11 members representing TMU was rewarded with a first-place medal for kumite!

For more information about training in karate in Toronto, please contact [sensei@natsuoka.com](mailto:sensei@natsuoka.com)



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**NATSUOKA KARATE**  
COURAGE ~ INTENSITY ~ FOCUS



NATSUOKA KARATE TEACHES PRACTICAL  
KARATE FOR ADULTS IN TORONTO - CONTACT  
US TO SCHEDULE A FREE TRIAL CLASS.

# FINAL RANKINGS & RESULTS

| DIVISION                   | TYPE         | 1ST PLACE                            | 2ND PLACE                             | 3RD PLACE                      |
|----------------------------|--------------|--------------------------------------|---------------------------------------|--------------------------------|
| WHITE                      | 型<br>KATA    | Martin Calcaterra<br>Natsuoka Karate | Tahnia Naveed<br>TMU                  | Aiden Yang<br>TMU              |
| ADVANCED<br>WHITE ~ YELLOW |              | Caesar Rodriguez<br>TMU              |                                       | Owais Lightwala<br>TMU         |
| TEENAGER<br>ORANGE ~ GREEN |              |                                      | Camille VanMieghen<br>Natsuoka Karate |                                |
| BLACK BELT                 |              | Eddie Hobart<br>TMU Instructor       | Andrei Petrov<br>TMU Lead Instructor  |                                |
| WHITE                      | 組手<br>KUMITE | Samrawit Mulugeta<br>TMU             | John-Thomas Laramore<br>TMU           | Tahnia Naveed<br>TMU           |
| ADVANCED<br>WHITE ~ YELLOW |              | Shershah Yousafzal<br>TMU            | Owais Lightwala<br>TMU                | Caesar Rodriguez<br>TMU        |
| BLACK BELT                 |              |                                      | Andrei Petrov<br>TMU Lead Instructor  | Eddie Hobart<br>TMU Instructor |

